



WHAT ARE THEY?

A **2orMore** is a group of Christians who meet to pray during their workday to **pray** for each other, their workplaces, colleagues and opportunities to speak to their colleagues about Jesus.



WHY JOIN?

- When we pray, God shapes our heart. He helps us to love our colleagues and honour Him through our work.
- Jesus prayed for everything, including the work he was doing. What a good example to follow. (Luke 3:21, Matt 14:23, Mark 1:35, etc)
- As you meet with other Christian workers, you have a resource of wisdom to tap into as you negotiate challenges at work and use opportunities to share the hope you have.
- They provide a place for accountability that helps with integrity.
- Praying helps us to love colleagues more. When we pray, we are more open to see what God is doing at our workplaces and in the lives of those we work with.
- Praying helps us understand the integration of work and faith.
- Prayer reminds us that God is part of our day.

2orMore Challenge

Take the challenge and see what God does in your heart, at your work and with your colleagues.

1. Find some friends to create a 2orMore and commit to meeting fortnightly for 2 months to pray (even if it is on Zoom).

2. Contact ENGAGE to let them know you are taking on the challenge. They will pray for you and provide support/resources.

3. Pray with a focus on your workplace and colleagues, keeping track of your prayers. Pray consistently for at least one colleague.

4. After 3 months, assess and see how God has answered your prayers.

5. Decide if you would like to keep meeting.

WHAT DO YOU NEED TO START?

1. A hunger to grow as a Christian in your workplace, and a willingness to see what God can do through you and all around you.
2. Other Christians to pray with.

WHAT TO EXPECT WHEN YOU JOIN A GROUP

2orMore groups are simple to run and don't take too much time to prepare.

- One group member will send out a reminder before each meeting.
- It is helpful to start the meeting with a Bible thought, bringing our thoughts and focus back to God amid the busy day. (contact ENGAGE for some Bible starters) this can be shared among the members or a nominated leader.
- The bulk of the meeting will include **praying** for each other, and even specific colleagues.
- These groups work best when they are a safe space where members can share honestly and confidentially about the challenges of work and ask for prayer.
- Most groups meet fortnightly, some 3 weekly or monthly.

DIFFERENT TYPES OF GROUPS

1. **Face to face** before work or during lunch – a group of Christian workers in the same geographic area (or before work if everyone travels through the same area).
2. **Triplets** designed specifically for medical and other shift workers, connected with where you live, and these triplets meet monthly as schedules allow. They do not meet on a fixed day and will most likely be on a day off unless shifts coincide. This type will also work for teachers (particularly if there are a few Christian teachers at the same school).
3. **Online** designed as an option for those who can't meet face to face.

"For where two or three gather in my name, there am I with them."

- Matthew 18:20